

## Canon of St. Andrew of Crete – Tuesday

**PRIEST:** Blessed is our God, always, now and ever and unto ages of ages.

**READER:** Amen, Glory to You, our God, glory to You.

O Heavenly King, the Comforter, the Spirit of Truth, You are everywhere and fill all things. Treasury of Blessings, and Giver of Life. Come and abide in us and cleanse us from every impurity and save our souls, O Good One.

Holy God! Holy Mighty! Holy Immortal! Have Mercy on us. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Most Holy Trinity: have mercy on us. Lord: cleanse us from our sins. Master: pardon our transgressions. Holy One: visit and heal our infirmities, for Your Name's sake.

Lord, have mercy. (3x)

Glory to the Father and to the Son and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Our Father, Who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

**PRIEST:** For Thine is the Kingdom and the Power and the Glory: of the Father and of the Son and of the Holy Spirit, now and ever and unto ages of ages.

**READER:** Amen. Lord, have mercy. (12x)

Come, let us worship God our King! Come, let us worship and fall down before Christ, our King and our God! Come, let us worship and fall down before Christ Himself, our King and our God!

### PSALM 70

Be pleased, O God, to deliver me! O Lord, make haste to help me! Let them be put to shame and confusion who seek my life! Let them be turned back and brought to dishonor who desire my hurt! Let them be appalled because of their shame who say, "Aha, Aha!" May those who love Your salvation say evermore, "God is Great!" But I am poor and needy; hasten to me, O God! You are my Help and my Deliverer; O Lord, do not tarry!

**Heirmos 1:** A helper and a protector, He has become my salvation. He is my God, I will glorify Him; my fathers' God, I will exalt Him, for greatly has He been glorified.

**Refrain:** *Have mercy on me, O God, have mercy on me.*

(Priest): Deliberately have I imitated blood-thirsty Cain, O Lord, enlivening my flesh while murdering my soul by striking it with my evil deeds.

(Choir): *Have mercy on me, O God, have mercy on me.*

I have not resembled Abel in his righteousness, O Jesus, never having offered to You actions worthy of God – pure gifts, an appropriate sacrifice, an unblemished life.

*Have mercy on me, O God, have mercy on me.*

Like Cain, O my wretched soul, my offering to the Creator of all has been filthy deeds, a polluted sacrifice, and a worthless life – and like him I now stand condemned.

*Have mercy on me, O God, have mercy on me.*

You formed my flesh and bones as a Potter, O my Creator, my Redeemer and my Judge, by molding clay into flesh and infusing in it the breath of life. Accept me now as I return to You.

*Have mercy on me, O God, have mercy on me.*

O my Savior, I confess the sins which I have committed, the wounds which murderous thoughts, like thieves within me, have inflicted on my soul and body.

*Have mercy on me, O God, have mercy on me.*

Though I have sinned, O Savior, I know that in Your love for mankind, Your punishment is merciful and Your compassion profound. Seeing my tears You will run to me as the Father calling His lost son.

*Glory to the Father, and to the Son, and the Holy Spirit.*

O Trinity above all essence and worshipped as One God. Take from me the heavy burden of sin, and since You are compassionate grant me tears of repentance.

*Now and ever, and unto ages of ages. Amen.*

O Theotokos, Hope and Protection of those who sing to you, take from me the heavy burden of sin and as our Pure Lady, accept me as I repent.

**Heirmos 2:** Attend, O heavens, and I shall speak and sing in praise of Christ, Who from a Virgin came to us in the flesh.

*Have mercy on me, O God, have mercy on me.*

Sin stripped me of the garment created for me by God, leaving me in a coat of skin.

*Have mercy on me, O God, have mercy on me.*

Sensing his shame, Adam dressed himself in fig leaves, and like him I now wear a garment of shame which reveals my many passions.

*Have mercy on me, O God, have mercy on me.*

A soiled garment clothes me – one shamefully stained with blood flowing from a life of passion and love of fleshly things.

*Have mercy on me, O God, have mercy on me.*

I fell beneath the weight of the passions and the corruption of my flesh, and from that moment has the Enemy had power over me.

*Have mercy on me, O God, have mercy on me.*

Instead of seeking poverty of spirit, I prefer a life of greed and self-gratification; therefore, O Savior, a heavy weight hangs from my neck.

*Have mercy on me, O God, have mercy on me.*

Joseph's was a splendid coat of many colors, but mine is one of shameful thoughts which condemns me even as it covers my flesh.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

O God of all, I sing to You as One yet three in Persons: Father, Son, and Holy Spirit.

*Now and ever, and unto ages of ages. Amen.*

O Most Holy Theotokos, Virgin alone praised everywhere, pray fervently that we may be saved.

**Heirmos 3:** On the rock of your commandment, O Lord, strengthen my wavering heart, for you alone are Holy and the Lord.

*Have mercy on me, O God, have mercy on me.*

In You, the Destroyer of death, have I found the Fountain of Life, and now from the heart, cry out before my death: "I have sinned. Be merciful and save me!"

*Have mercy on me, O God, have mercy on me.*

I have sinned, Lord, I have sinned against You, but be merciful to me, though there is no one whose sins I have not surpassed.

*Have mercy on me, O God, have mercy on me.*

I have imitated those who in the days of Noah indulged themselves, and like them, I deserve to perish in a flood.

*Have mercy on me, O God, have mercy on me.*

Noah's son Ham failed to conceal his father's nakedness, and even dared to look at him in his shame. And you, O my soul, in your treatment of your neighbor have imitated him.

*Have mercy on me, O God, have mercy on me.*

Run, my soul! Run from sin, as Lot ran from the fire! Run from Sodom and Gomorrah! Run from the flame of every deceiving desire!

*Have mercy on me, O God, have mercy on me.*

“Have mercy, O Lord, have mercy on me,” so shall I cry to You when You come with your angels to render to us all that our deeds deserve.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

One simple and uncreated nature without beginning Whom we praise as God in Trinity – save us who in faith worship Your power.

*Now and ever, and unto ages of ages. Amen.*

Without seed you gave birth in time to the timeless Son of the Father, O Theotokos, and – O strange wonder – you nourished Him at your breast while remaining a virgin.

**Heirmos 4:** The prophet heard of your coming and was afraid, O Lord; how you were to be born of a Virgin and revealed to men; and he cried out: I have heard the report of you, and I was afraid. Glory to your strength, O Lord!

*Have mercy on me, O God, have mercy on me.*

Prepare yourself, O my soul! Be courageous like Abraham, Isaac, and Jacob, that acquiring diligence and wisdom you too may meet your God. Through contemplation may you reach the awesome depths in which He dwells and in so doing become a good steward of the Lord.

*Have mercy on me, O God, have mercy on me.*

Jacob and his sons, the Patriarchs, established for you, O my soul, an example in the ladder of active ascent. By his way of life, Jacob took the first step, fathering twelve sons and offering them as further rungs which step-by-step ascend to God.

*Have mercy on me, O God, have mercy on me.*

But you, my hopeless soul, have rather imitated Esau, surrendering to the crafty Devil the beauty you inherited from God. In two ways – works and wisdom – have you been deceived, and now is the time for you to change your ways.

*Have mercy on me, O God, have mercy on me.*

Esau’s consuming lust for women, his burning passion, and his soul marred by senseless pleasures, earned for him the Hebrew name: “Edom” (meaning “red”) – for his soul was like a flame burning with love for sin.

*Have mercy on me, O God, have mercy on me.*

My soul, have you not heard of Job, who even while sitting on a dung hill was justified? Why then in times of temptation have you never imitated his courage or firmness of purpose, or endured with patience?

*Have mercy on me, O God, have mercy on me.*

Once Job sat on his throne surrounded by children and greatly admired, but now lies naked on a dunghill, childless, homeless, and covered with sores. Even so, he considers his dunghill a palace and his sores precious pearls.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

I confess You as One God in Trinity, a single essence unconfused in Persons, co-enthroned and co-ruling, And I sing to You: “Holy, Holy, Holy,” Father, Son, and Holy Spirit!

*Now and ever, and unto ages of ages. Amen.*

As a virgin you gave birth, and a Virgin you remained by nature, your womb giving birth painlessly, for He Who was born of you renewed the laws of nature, since when God wills, the order of nature is overthrown.

**Heirmos 5:** Keeping vigil through the night, O Lover of mankind, I pray you: enlighten me, and guide me in Your commandments, and teach me, O Savior, always to do Your will.

*Have mercy on me, O God, have mercy on me.*

You have heard, O my soul, how the waves and waters of the river formed a protective chamber for the baby Moses, allowing his basket of reeds to escape the cruel edict of the Pharaoh.

*Have mercy on me, O God, have mercy on me.*

The midwives, though instructed by Pharaoh to kill the male infants of the Hebrews, obeyed their God instead.

Now that you, O my hopeless soul, have been spared death like Moses, like him also be nourished on the wisdom of the Lord.

*Have mercy on me, O God, have mercy on me.*

By killing the oppressive Egyptian, Moses severed his bond to Pharaoh. But you, O my hopeless soul, have not even begun to attack the wickedness of your mind. If you have not accomplished even this much, how can you expect to pass through the time of repentance, which alone can drive away our sinful passions?

*Have mercy on me, O God, have mercy on me.*

Go, my soul, and imitate the great Moses in the wilderness, that like him you may behold God present in the burning bush.

*Have mercy on me, O God, have mercy on me.*

Think of the staff which Moses stretched over the waters to divide them. It is an image of the Cross of Christ, whereby you, O my soul, can also accomplish great things.

*Have mercy on me, O God, have mercy on me.*

Aaron's faithfulness was shown by his offering an acceptable sacrifice to God. But you, O my soul, like the priests: Hophni and Phineas have offered only your deceitful and selfish life.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

We glorify You, O Trinity, One in essence, and we praise and adore You forever, singing: "Holy, Holy, Holy," – Father, Son, and Holy Spirit.

*Now and ever, and unto ages of ages. Amen.*

God, the Creator of all things, became incarnate through you, O Pure Virgin Mother, uniting our human nature to Himself.

**Heirmos 6:** From the depths of hell I cried with all my heart to the merciful God, and He heard me, and He raised up my life from corruption.

*Have mercy on me, O God, have mercy on me,*

The waves of my transgressions have turned back on me, O Savior, just as once the Red Sea turned back to engulf the Egyptian forces.

*Have mercy on me, O God, have mercy on me.*

Like Israel of old, you have an arrogant will, O my soul, preferring gluttony and self-gratification to the manna from heaven.

*Have mercy on me, O God, have mercy on me.*

The Canaanites' wells can be likened to worldly philosophies, from which you, my soul, have preferred to drink rather than from the rock from which, when struck by Moses, there poured out a river of wisdom – the knowledge of God.

*Have mercy on me, O God, have mercy on me.*

Like the arrogant Israelites in the wilderness, you prefer the comforts of Egypt and unclean food to manna, the food sent from heaven.

*Have mercy on me, O God, have mercy on me.*

Water pouring from the rock when struck by Your servant Moses, prefigured Your life-giving side, O Savior, from which we draw the Water of Life.

*Have mercy on me, O God, have mercy on me.*

Find the Promised Land and explore it secretly as Joshua, son of Nun, once did. See what kind of land it is and settle there, obeying the Law of God.

*Glory to the Father, and to the Son, and to the Holy Spirit.*

"I AM the Trinity, simple and undivided in Essence, yet distinct in Persons. I AM also the Unity, united in Nature," says God, the Father, the Son, and the Holy Spirit.

*Now and ever, and unto ages of ages. Amen.*

Your womb, O Theotokos, held God Who for our sakes took human form. Implore Him the Creator of all, that through your prayers we may be justified.

**Kontakion in Tone 6:**

My soul, my soul arise! Why are you sleeping? The end is approaching and you will be confounded. Awake then, and be watchful, that you may be spared by Christ God, Who is everywhere present and fills all things.

**Heirmos 7:** We have sinned, we have transgressed, we have done evil in your sight. We have not kept or followed Your commandments. But do not reject us utterly, O God of our fathers.

*Have mercy on me, O God, have mercy on me.*

Merely for touching the Covenant Box to prevent its falling to the ground, Uzzah was struck dead by God. Avoid His anger at such presumption, O my soul, by showing true honor to holy things.

*Have mercy on me, O God, have mercy on me.*

You have heard of Absalom and how he rebelled against his father David and know how he defiled his father's bed. So why do you still imitate his wild impulses and his love of pleasure?

*Have mercy on me, O God, have mercy on me.*

By following Satan your freedom has become enslaved to your body, O my soul, as when on Ahitophel's advice Absalom revolted against his father. But Christ has scattered the Enemy's counsel that you might at all costs be saved.

*Have mercy on me, O God, have mercy on me.*

Solomon was mighty and full of wisdom, yet did wrong before the Lord when he turned to idols. And you, O my soul, resemble him in your evil life.

*Have mercy on me, O God, have mercy on me.*

Solomon was carried away by gratification of his lust. Alas, he who loved Wisdom now makes love to prostitutes and finds himself estranged from God. But in your every thought you have imitated him, O my soul, through your disgraceful love of luxury.

*Have mercy on me, O God, have mercy on me.*

Your sin rivals Rehoboam's who ignored the wise advisers of his father Solomon; and you have imitated Jeroboam who divided the Kingdom and turned Israel to idols. Flee such likeness and cry out to God, "I have sinned, have pity on me!"

*Glory to the Father, and to the Son, and to the Holy Spirit.*

Simple and undivided, One in essence and nature, Light and Lights, one Holy and three Holies – God is praised as Trinity. So sing praises to Him, O my soul, and glorify the Life and Lives, the God of all.

*Now and ever, and unto ages of ages. Amen.*

We praise you, we bless and venerate you, O Theotokos, for from the undivided Trinity you brought forth the only Son of God and restored to us on earth the heavenly realms.

**Heirmos 8:** The hosts of heaven to Him give glory. The cherubim and seraphim before Him stand in awe. Let every breath and creature praise Him, bless Him, and exalt Him throughout all ages.

*Have mercy on me, O God, have mercy on me.*

King Uzziah, though mighty in battle and faithful in his own observance of the Law, tolerated idolatry among the people, and for this was he struck with a dread disease. Now you, O my soul are twice as sick as he, for your life is polluted with evil thoughts and wicked deeds.

*Have mercy on me, O God, have mercy on me.*

Have you not heard how the Ninevites, moved by Jonah's preaching repented in sackcloth and ashes? Why then have you not followed their example? For in its pride, your heart is harder than all those who have sinned both before and after the Law.

*Have mercy on me, O God, have mercy on me.*

Thrown into a well; Jeremiah lamented bitterly the fall of Zion. Only by such a life of mourning and weeping, O my soul, will you find the way to salvation.

*Have mercy on me, O God, have mercy on me.*

Jonah the prophet fled to Tarshish, for he was well-aware of how merciful our God is. And foreseeing the conversion of the Ninevites he feared their repentance would prove false his threat of destruction.

*Have mercy on me, O God, have mercy on me.*

You have heard, O my soul, how by faith Daniel shut the mouths of the roaring lions in the den, and the three holy children extinguished the flames in the furnace.

*Have mercy on me, O God, have mercy on me.*

I have reviewed as examples for you, O my soul, all the figures of the Old Testament. Learn to imitate the deeds of those who in righteousness loved their God – and flee from the sins of the wicked!

*Let us bless the Father, Son and Holy Spirit, the Lord.*

O Eternal Father, Co-eternal Son, and gracious Comforter, the Spirit of Truth: O Father of the Divine Word, Word of the eternal Father, and life-creating Spirit – Trinity in Unity, have mercy on us.

*Now and ever, and unto ages of ages. Amen.*

O Pure Virgin, the flesh of Emmanuel was formed with your womb as a robe of royal crimson is spun from scarlet silk. We proclaim you to be the Theotokos.

**Heirmos 9:** Conception without seed; birth past understanding, from a mother who never knew a man; childbearing undefiled. For nature is renewed by the birth of God. Therefore with true worship all generations magnify you as Mother and Bride of God.

*Have mercy on me, O God, have mercy on me.*

The Devil showed stones to Christ which He could turn into bread, then led Him to the top of a mountain to show Him at a glance all the kingdoms of this world. O my soul, fear the Devil's craftiness: watch and pray to God at every hour!

*Have mercy on me, O God, have mercy on me.*

John the Baptist, that "Dove who loved the desert," The "Light which went before Christ," the "Voice of one crying in the wilderness" – heralded the preaching of repentance. But Herod, unwilling to listen to him, sinned with Herodias. By embracing repentance, O my soul, beware yourself of falling into the snares of the wicked one.

*Have mercy on me, O God, have mercy on me.*

When John the Forerunner of grace was living in the wilderness, all the people of Judea and Samaria came out to hear him. O my soul, why have you not imitated them by confessing your sins and receiving the washing of repentance?

*Have mercy on me, O God, have mercy on me.*

Marriage is honorable and the marriage bed undefiled, for Christ blessed both by His presence at the marriage in Cana. He ate and transformed water into wine, thus performing His first miracle, that you, O my soul, might be transformed.

*Have mercy on me, O God, have mercy on me.*

Christ strengthened a paralytic, enabling him to rise and walk; He raised from death a widow's son, and healed the servant of a Roman officer. By revealing Himself to the woman in Samaria, He made clear to you, O my soul, how to worship God in the Spirit.

*Have mercy on me, O God, have mercy on me.*

When a woman suffering from severe bleeding touched the hem of the Lord's robe she received healing from Him; just as by His word, He healed lepers, gave sight to the blind, strength to the cripples and hearing to the deaf and dumb, and straightened a crippled woman – all in order that you, my miserable soul, might believe and find salvation!

*Glory to the Father, and to the Son, and to the Holy Spirit.*

We glorify the Father, we exalt the Son, and we worship the Holy Spirit – the indivisible Trinity Who exists as One – the Light and Lights, the Life and Lives Who grants light and life to the ends of the world.

*Now and ever, and unto ages of ages. Amen.*

O Purest Theotokos, preserve your people, for through you are we kept faithful, strengthened, and made able

to overcome every temptation, trial, and tribulation.

*O Venerable Father Andrew, pray unto God for us.*

O Honorable Andrew, thrice-blessed Father and Pastor of Crete, never cease praying to God for those who sing your praises, that He may deliver from anger, sorrow, corruption, and countless sins all of us who faithfully honor your memory.

Conception without seed; birth past understanding, from a mother who never knew a man; childbearing undefiled. For nature is renewed by the birth of God. Therefore with true worship all generations magnify you as Mother and Bride of God.

## Compline

### Psalm 4

**READER:** Answer me when I call, O God of my right! You gave me room when I was in distress. Be gracious to me, and hear my prayer. O people, how long will you be slow of heart? How long will you love vain words, and seek lies? You know that the Lord has magnified his holy one. The Lord hears me when I call to him. Be angry, but sin not; commune with your own hearts on your beds, and be silent. Offer right sacrifices, and put your trust in the Lord. There are many who say, "Who will show us some good? The light of your countenance has been marked on us, O Lord!" You have put more joy in my heart than they have when their grain and wine and oil abound. In peace I will both lie down and sleep; for you alone, O Lord, make me dwell in safety.

Glory to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.  
Alleluia! Alleluia! Alleluia! Glory to You, O God! (3x)

**PRIEST:** God is with us! Understand, O nations, and submit yourselves, for God is with us!

**CHOIR:** God is with us! Understand, O nations, and submit yourselves, for God is with us!

**PRIEST:** Hear this, all you ends of the earth!

Submit yourselves, you mighty ones!

Even if your strength returns, you shall be overthrown once more.

If you take counsel together, the Lord will scatter you.

If you speak a word, it will never stand, even among yourselves.

We do not fear your threats, nor are we troubled. For the Lord our God is holy, and him will we fear.

If I trust in him, he will be my sanctification. I will wait for him; he will save me.

Behold, I and the children God has given me.

The people who walked in darkness have seen a great light.

Those who dwell in the land of the shadow of death, on them has a light shined.

For unto us a Child is born; unto us a Son is given.

And the government shall be upon his shoulder.

And of his peace, there shall be no end.

And his name shall be called the Angel of Great Counsel. Wonderful, Counselor.

Mighty God, Everlasting Father, Prince of Peace.

The Father of the world to come.

Submit yourselves, you mighty ones!

Even if your strength returns, you shall be overthrown once more.

If you take counsel together, the Lord will scatter you.

If you speak a word, it will never stand, even among yourselves.

We do not fear your threats, nor are we troubled. For the Lord our God is holy, and him will we fear.

Glory to the Father, and to the Son, and to the Holy Spirit.

Now and ever and unto ages of ages. Amen.

God is with us! Understand, O nations, and submit yourselves, for God is with us!

**CHOIR:** God is with us! Understand, O nations, and submit yourselves, for God is with us!

### **The Troparia of Thanksgiving**

**READER:** Now that the day is over, I thank you, O Lord, and I pray that I may pass the evening and the night without sin. Grant this, O Savior and save me. Glory to the Father, and to the Son, and to the Holy Spirit. Now that the day is over, I glorify you, O Master, and I pray that I may pass the evening and the night without giving offense. Grant this, O Savior, and save me. Now and ever, and unto ages of ages. Amen. Now that the day is over, I praise you, O Holy One, and I pray that I may pass the evening and the night without temptation. Grant this, O Savior, and save me.

### **The Creed**

**PEOPLE:** I believe in one God, the Father Almighty, maker of heaven and earth and of all things visible and invisible. And in the Lord Jesus Christ, the Son of God, the only-begotten, begotten of the Father before all ages. Light of light; true God of true God; begotten, not made; of one essence with the Father, by Whom all things were made; Who for us men and for our salvation came down from Heaven, and was incarnate of the Holy Spirit and the Virgin Mary, and became man. And He was crucified for us under Pontius Pilate, and suffered, and was buried. And the third day He arose again, according to the Scriptures, and ascended into Heaven, and sits at the right hand of the Father; and He shall come again with glory to judge the living and the dead; Whose Kingdom shall have no end. And in the Holy Spirit, the Lord, the Giver of Life, Who proceeds from the Father; Who with the Father and the Son together is worshipped and glorified; Who spoke by the prophets. In one Holy, Catholic, and Apostolic Church. I acknowledge one baptism for the remission of sins. I look for the resurrection of the dead and the life of the world to come. Amen.

### **The Intercessions**

[The following invocations are sung antiphonally between priest and choir.]

**PRIEST:** O All-Holy Sovereign Lady, Theotokos, pray for us sinners.

O heavenly hosts of angels and archangels, pray for us sinners.

O holy John, Prophet and Forerunner and Baptist of our Lord, Jesus Christ, pray for us sinners.

O holy, glorious apostles, prophets and martyrs, and all you saints, pray for us sinners.

O our holy God-bearing fathers, mothers, pastors, and teachers of the universe, pray for us sinners.

O Holy Apostle Paul, pray for us sinners.

O Blessed Father Herman, pray for us sinners.

O Holy Hierarch Innocent, pray for us sinners.

O Invincible, Ineffable, and Divine power of the Honorable and Life-Giving Cross, forsake not us sinners.

O God, cleanse us sinners. (2x)

O God, cleanse us sinners and have mercy on us.

**CHOIR:** Thou knowest, O Lord my Creator, the sleepless vigilance of my invisible enemies, and the weakness of my wretched flesh. Into Thy hands, therefore, will I commit my spirit. Cover me with the wings of Thy goodness, that I sleep not unto death; and enlighten the eyes of my spiritual understanding, that I may delight in Thy divine words. And enable me, at an acceptable time to glorify Thee in praise, Who alone art good and lovest mankind.

**READER:** Glory to the Father, and to the Son, and to the Holy Spirit.

**CHOIR:** Grant unto me tears, O God, as Thou didst grant unto the sinful woman of old, and graciously permit me to wash Thy feet, which delivered me from the path that leads astray. And grant that I may offer Thee a sweet-smelling incense, even a pure life. Fashioned by repentance. Then shall I also hear the voice which I long for saying "Thy faith hast save thee, go in peace."

**READER:** Now and ever, and unto ages of ages. Amen.

**CHOIR:** Having in you that hope which will never put me to shame, I shall be saved, O Theotokos.

Possessing your intercession, I shall not fear, O All-Pure one. I shall pursue my enemy and put them to flight.

Armed only with your protection and all-powerful aid, and with fervent entreaties, I cry out to you: Save me

by your prayers, O Lady; raise me up again from gloomy sleep to glorify you in song, by the might of the Son

of God, who through you was made flesh.

### Psalm 143

**READER:** Hear my prayer, O Lord; give ear to my supplications. In your truth, answer me, in your righteousness. Enter not into judgment with your servant; for no one who lives is righteous before you. For the enemy has pursued me; he has crushed my life to the ground; he has made me sit in darkness like those long dead. Therefore my spirit faints within me; my heart within me is appalled. I remember the days of old; I meditate on all that you have done; I muse on what your hands have made. I stretch out my hands to you; my soul thirsts for you like a parched land. Make haste to answer me, O Lord, my spirit fails! Hide not your face from me, lest I be like those who go down to the Pit. Let me hear in the morning of your mercy, for in you have I put my trust. Teach me the way I should go, for to you have I lifted up my soul. Deliver me, O Lord, from my enemies! I have fled to you for refuge! Teach me to do your will, for you are my God! Let your good spirit lead me on a level path! For your name's sake, O Lord, you will give me life! In your righteousness you will bring me out of trouble! And in your mercy you will cut off my enemies, and destroy all my adversaries, for I am your servant. Answer me, O Lord, in your righteousness. Enter not into judgment with your servant. Let your good Spirit lead me on a level path!

### The Lesser Doxology

**READER:** Glory to God in the highest; peace and goodwill among people on earth. We praise you, we bless you, we worship you, we glorify you, we give thanks to you because of your great glory: O Lord and King, heavenly God and Father Almighty; O Lord and only-begotten Son, Jesus Christ; and you, O Holy Spirit. O Lord God, Lamb of God, Son of the Father, you take away the sin of the world; have mercy on us. You take away the sins of the world; receive our prayer. You sit at the right hand of the Father; have mercy on us. For you alone are holy; you alone are Lord, Jesus Christ, to the glory of God the Father. Amen.

Every day will I bless you, and praise your name for ever and ever. O Lord, you have been our refuge from generation to generation. I said, Lord, have mercy on me; heal my soul, for I have sinned against you. O Lord, I have fled to you for refuge. Teach me to do your will, for you are my God. For with you is the fountain of life; in your light will we see light. Continue your mercy unto those who know you.

Grant, O Lord, that we may be kept this night without sin. Blessed are you, O Lord God of our Fathers, and praised and glorified is your name for ever. Amen.

Let your mercy be upon us, O Lord, for we have put our hope in you. Blessed are you, O Lord, teach me your statutes. Blessed are you, O Master, make me understand your statutes. Blessed are you, O Holy One, enlighten me with your statutes. Your mercy, O Lord, endures for ever; do not despise the work of your hands. To You belongs praise, to you belongs honor, to you belongs glory, to the Father and to the Son and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

Holy God, Holy Mighty, Holy Immortal, have mercy on us. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

Most holy Trinity, have mercy on us. Lord, cleanse us from our sins. Master, pardon our transgressions. Holy One, visit and heal our infirmities for Your name's sake.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever and unto ages of ages. Amen.

**PEOPLE:** Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come. Thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.

**PRIEST:** For Thine is the kingdom, and the power, and the glory, of the Father and the Son and the Holy Spirit, now and ever, and unto ages of ages.

**CHOIR:** Amen.

### The Praises

**CHOIR:** Remain with us, O Lord of Hosts. In affliction we have no other helper but Thee. O Lord of Hosts, have mercy on us. Praise God in His Sanctuary, praise Him in His mighty firmament. Remain with us, O Lord

of Host. In affliction we have no helper but Thee. O Lord of Hosts, have mercy on us. Praise Him for His mighty deeds, praise Him according to His exceeding greatness. Remain with us, O Lord of Hosts. In affliction we have no other helper but Thee. O Lord of Hosts, have mercy on us. Praise Him with trumpet sound, praise Him with lute and harp. Remain with us, O Lord of Hosts. In affliction we have no other helper but Thee. O Lord of hosts, have mercy on us. Praise Him with timbrel and dance, praise Him with string and pipe. Remain with us, O Lord of Hosts. In affliction we have no helper but Thee. O Lord of Hosts, have mercy on us. Praise Him with sounding cymbals, praise Him with loud clashing cymbals. Remain with us, O Lord of Hosts. In affliction we have no other helper but Thee. O Lord of Hosts, have mercy on us. Praise God in His Sanctuary, praise Him in His mighty firmament. Remain with us, O Lord of Hosts. In affliction we have no other helper but Thee. O Lord of Hosts, have mercy on us. Glory to the Father, and to the Son, and to the Holy Spirit. O Lord, if we did not have Thy saints as intercessors and Thy merciful loving-kindness; how could we dare to praise Thee, O Savior, whom angels glorify ceaselessly; O Seer of hearts, have pity on our souls. Now and ever, and unto ages of ages. Amen. Great is the multitude of my transgressions, O Theotokos. I run to you, O Pure One, seeking salvation. Visit my ailing soul, and entreat your Son and our God, to grant me remission of the awful things I have done, O Only Blessed One. Do not forsake me throughout all the days of my life, O All-Holy Theotokos. Do not turn me over to the protection of men, but help me and have mercy on me. All my hope have I placed in you, O Holy Theotokos. Protect me beneath your veil.

**READER:** Lord, have mercy. (12x)

### **The Prayer of the Hours**

In every season and at every hour, in heaven and on earth, You are worshipped and glorified, O Christ God, long-suffering, great in mercy and compassion. You love the righteous and show mercy on sinners. You call everyone to salvation through the promise of blessings to come. Do You Yourself, O Lord, accept also our prayer at this hour and direct our lives according to Your commandments.

Sanctify our souls, purify our bodies, correct our thoughts, cleanse our minds, and deliver us from all affliction, evil and distress. Surround us with Your holy angels, that guarded and guided by them we may attain to the unity of the faith and to the knowledge of Your unapproachable glory; for You are blessed unto ages of ages. Amen.

Lord, have mercy. (3x)

Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen.

More honorable than the cherubim and beyond compare more glorious than the seraphim, without corruption you gave birth to God the Word. We magnify you, the true Theotokos.

In the name of the Lord, bless Father.

**PRIEST:** O God, be gracious to us and bless us. Make Your face shine upon us and have mercy on us.

**READER:** Amen.

### **The Prayer of St. Ephrem the Syrian**

**PRIEST and PEOPLE:**

O Lord and Master of my life! Take from me the spirit of sloth, despair, lust of power and idle talk.

*(Prostration)*

But give rather the spirit of chastity, humility, patience and love to Thy servant. *(Prostration)*

Yea, O Lord and King! Grant me to see my own transgressions and not to judge my brother, for blessed art Thou, unto ages of ages. *(Prostration)*

O God, cleanse me, a sinner. (12x)

[Then the entire prayer of St. Ephrem is read and a single prostration is made at the end.]

**The Prayer of Supplication to Our Lord Jesus Christ by the Monk Antiochus of the Pandect Monastery**

**PRIEST:** Grant unto us, O Master, as we lay down to sleep, rest of both soul and body, and preserve us from the gloomy slumber of sin and from every dark and nocturnal passion. Calm the impulses of carnal desire, and quench the fiery darts of the Evil One which are craftily directed against us. Still our every earthly and material desire, and grant unto us, O God, a watchful mind, chaste reason, a sober heart, and gentle sleep, free from every vision of the Devil. Raise us up again at the hour of prayer, strengthened in Your precepts, and

holding steadfastly to Your commandments. Grant that all night long we may sing praises unto You, and may sing, bless and glorify Your all-honorable and majestic Name: of the Father, and of the Son, and of the Holy Spirit, now and ever and unto ages of ages.

**READER:** Amen.

**PRIEST:** O exceedingly glorious, ever-Virgin Theotokos, carry our prayers unto your Son and our God, and implore Him that, through you, He will save our souls.

### **A Prayer of St. Ioannikius**

**PRIEST:** The Father is my Hope; the Son is my Refuge; the Holy Spirit is my Protector. O Holy Trinity, Glory to You.

**CHOIR:** Glory to the Father, and to the Son, and to the Holy Spirit, now and ever, and unto ages of ages. Amen. Lord, have mercy, Lord, have mercy, Lord, have mercy. Father, Bless.

**PRIEST:** (while kneeling, faces the people saying:)

O Master, great in mercy, Lord Jesus Christ our God; through the prayers of our all-pure Lady, the Theotokos and ever-virgin Mary; through the might of the precious and Life-Giving Cross; through the prayers of the honorable Bodiless Powers of Heaven; of the honorable, glorious Prophet, Forerunner and Baptist, John; of the holy, glorious and all-laudable Apostles; of the holy, glorious and gloriously triumphant Martyrs; of our venerable and God-Bearing Fathers; of the holy, righteous Ancestors of God, Joachim and Anna; of our venerable Father Herman, Elder and Wonderworker of Alaska; and the Saints who have shone forth in North America; and of all the Saints: Make our prayer acceptable. Grant unto us remission of our iniquities. Hide us under the shadow of Your wings. Drive far from us every foe and adversary. Give peace to our life. Have mercy upon us and upon Your world, O Lord, and save our souls, forasmuch as You are merciful and love mankind.

**CHOIR:** Amen.

**PRIEST:** Pray for me, Brothers and Sisters. Forgive me, a sinner. (*Prostration*)

**PEOPLE:** May God forgive you, Father (*Name*), and forgive us, also. For He is a forgiving God.

**PRIEST:** Let us pray for His Beatitude, our Metropolitan (*Name*); for His (Eminence) Grace, our (Arch)Bishop(*Name*); for the whole episcopate of the Orthodox Church in America; for the honorable priesthood, those in monastic orders, the diaconate in Christ, and for all the clergy and the people:

**PEOPLE:** Lord, have mercy. (*Repeat softly throughout all petitions*)

**PRIEST:** For the President of our country, for all civil authorities, and for our armed forces:

For those who hate us and those who love us:

For those who are kind to us and those who serve us:

For those who have asked us to pray for them, unworthy though we may be:

For the release of prisoners:

For those who are absent for worthy cause:

For those who are traveling by land, by sea or in the air:

For those who lie in sickness:

For the abundance of the fruits of the earth and for seasonable weather:

For those who are persecuted for the Faith:

For every soul of Orthodox Christians:

For the Orthodox bishops and for the founders and benefactors of our seminaries, monasteries, and chapels of prayer of our holy Church and for the staff, the teachers, servers and the confessors who labor therein:

For the founders and benefactors of this holy temple (or house, or habitation) and for those who labor, serve, and sing herein:

For our parents and brethren and for all Orthodox believers departed this life before us, who here, and in all the world lie asleep in the Lord:

And let us say also for ourselves:

**PEOPLE:** Lord, have mercy, Lord, have mercy, Lord, have mercy.

**PRIEST:** Through the prayers of our holy fathers, O Lord Jesus Christ our God, have mercy upon us.

**PEOPLE:** Amen, Amen.